



**EUROPEAN YOUTH PARLIAMENT ROMANIA**

# **CJO Training 2020**

19-21.03.2020

*Bușteni, Romania*

# Table of Contents

<b>TRAININGS .....</b>	<b>2</b>
<b>HOW TO APPLY .....</b>	<b>2</b>
<b>ACCOMMODATION AND MEALS .....</b>	<b>3</b>
<b>ABOUT BUȘTENI .....</b>	<b>4</b>
<b>FREE TIME .....</b>	<b>4</b>
<b>HOW TO TRAVEL .....</b>	<b>5</b>
<b>FACTUAL INFORMATION .....</b>	<b>6</b>
<b>LEGAL ISSUES AND VISAS.....</b>	<b>6</b>
<b>PARTICIPATION FEE .....</b>	<b>6</b>
<b>PROVISIONAL PROGRAM .....</b>	<b>7</b>

# TRAININGS

- ✓ Do you want to go further in EYP?
- ✓ Are you ready to discover what it takes to be a chairperson, how to put pen to paper in order to organise a flawless session or how to capture those spontaneous bursts of laughter in pictures?



**Then the CJO Training is waiting for your applications!**

Be prepared to embark on a journey towards self-discovery, sprinkled with inspiration, motivation and realisation. Undoubtedly, one of those eye-opening moments of your journey in EYP, the CJO can become a turning point for your evolution, as you will discover the secrets of three key positions, through the Chairperson, Journalist and Organiser modules.

## Chairperson Training

You will gain in-depth insight into how to interact with a committee, how to find the perfect balance between academics and fun and how to provide a team with useful feedback. Modules for both beginners and advanced Officials will be available!

## Journalist Training

Be ready to delve into the world of creative journalism with some 101 modules. You will learn the basics of Camera Settings and Composition, while also discovering some intricacies of Lightroom Editing and Graphic Design.

## Organiser Training

The world of event planning can be labyrinthine for many, but insights into logistics, planning and time management can help you navigate it. You will discover the ins-and-outs of a session timeline, key aspects of teamwork and tips for fundraising.

# HOW TO APPLY

Apply as a **Trainee** or **Trainer** on the [Members' Platform](#) by the **16<sup>th</sup> of February 2020**.

For any further information please contact us at [office@eypromania.eu](mailto:office@eypromania.eu) or [eyp@eypromania.eu](mailto:eyp@eypromania.eu).

# ACCOMMODATION AND MEALS

Participants will be accommodated at “Șoimul Villa”.

Accommodation will be in different sized rooms, with one bathroom (3-6 persons/room). Meals included in the participation fee: breakfast, lunch and dinner (see program), coffee breaks.

Participation fee includes:

- ✓ 2 nights' accommodation;
- ✓ meals as mentioned in the program (breakfast, lunch, dinner and coffee breaks);
- ✓ training programs.

Participation fee does **not** include the meals/snacks which are going to be served by participants individually during free time, ski pass, ski equipment rental, other individual expenses.



## ***ABOUT BUȘTENI***



**Bușteni** is a small mountain town in the Prahova Valley, at the base of **Bucegi Mountains**. It is one of the most popular mountain resorts, offering spectacular views, with lots of year-round tourism opportunities, ranging from skiing to mountain climbing. Bușteni's average altitude is 900m and its skiing area is 1300m high. It is situated 135km away from Romania's capital, Bucharest.

The Bucegi Mountains are part of the Meridional Carpathians. A large commemorative monument entitled **the Heroes' Cross** (Crucea Eroilor) lies atop nearby **Caraiman Peak**, at nearly 2260m. The monument is lighted at night and is visible from virtually everywhere in Bușteni. It is situated near **Sinaia**, where you can visit the **Peleş Castle** (more info in the Free Time section).



## ***FREE TIME***

**Spend some quality time practicing winter sports or doing some sightseeing.**

Skiing, drifting at skating-ring, building snowmen or just having fun in the snow, while also enjoying a hot chocolate will make your day at Bușteni. The slopes are situated at a maximum altitude of 1300m and lifting systems are available (2

gondolas, 1 seated ski lift). Restaurants and coffee shelters are available near the slopes; ski rentals and full equipment can be rented.

- ✓ 1-day ski pass: **155 RON** for students;
- ✓ Gondola two-way ticket to **the Old Women** (Babele) and to **the Sphinx** (Sfinx) rock formations: **80 RON**.

**Sinaia**, the neighbouring town, also provides a variety of slopes and skiing facilities, with the maximum altitude of the slopes being 2000m.

Bușteni also hosts the **Cantacuzino Castle** (Castelul Cantacuzino). It is built in Neo-Romanian style and holds unique artwork, having recently been restored. Alternatively, you can visit the **Peleş Castle**, the royal family's former residence, which is now a museum. With over 170 rooms, the castle can be visited between 9-16. (Wednesday – Sunday). The **Casino** in Sinaia can be visited between 10-16 (Thursday – Sunday).



## HOW TO TRAVEL

Bușteni can be reached by car, driving along the **DN1 road** (135 km from Bucharest, 35 km from Brașov) or by train on the Bucharest – Brașov route. For more information about getting to Bușteni, the organisers will be at your disposal after getting the acceptance email. They will tell you everything you need to know about the exact trains/buses from Bucharest/Cluj to Bușteni.

### How to arrive in Bucharest/Cluj:

- ✓ by train: [www.cfrcalatori.ro/en](http://www.cfrcalatori.ro/en);
- ✓ by bus: [www.autogari.ro](http://www.autogari.ro);
- ✓ by plane: [www.blueairweb.com](http://www.blueairweb.com), [www.wizzair.com](http://www.wizzair.com), etc.

## **FACTUAL INFORMATION**

- ✓ **Currency RON:** 1 Euro = 4.7 RON
- ✓ **Ski pass:** 1-day pass = 155 RON
- ✓ **Gondola to *Babele*:** 80 RON
- ✓ **Drinks:** up from 5 RON
- ✓ **Pizza:** around 12-20 RON

## **LEGAL ISSUES AND VISAS**

EU participants can travel in Romania with the new type of ID or valid passport. Non-EU participants can travel in EU with passport (*for those who need visa, organisers will provide official invitations in order to get the visa in proper time*).

## **PARTICIPATION FEE**

The participation fee for **trainees** is **45 euros** (or **220 RON**) and includes 2 nights' accommodation and the meals: breakfast, lunch and dinner (as mentioned in the program), as well as the coffee breaks and all the 3 trainings. Participants will have to pay separately for their own expenses during the free time (ski pass, gondola ticket, shopping etc.).

The fee will be transferred into EYP Romania's accounts **only** after receiving the confirmation email regarding your participation from the organisers. Please respect the payment deadline you will be given in the acceptance email! *Fees transferred without a confirmation email or after the deadline will not be considered.*

There is **no participation fee** for those applying as **trainers**.

# ***PROVISIONAL PROGRAM***

## **Thursday, 19<sup>th</sup> March**

UNTIL 12.00	<b>CHECK-IN</b>
13.30-14.30	<b>LUNCH</b>
14.30-16.30	<b><i>CHAIRPERSON TRAINING</i></b>
16.30-16.45	<b>COFFEE BREAK</b>
16.45-18.45	<b><i>ORGANISER TRAINING</i></b>
18.45-19.15	<b>DINNER</b>
19.15-21.00	<b>FREE TIME</b>
21.00-24.00	<b>SOCIALISING EVENTS</b>

## **Friday, 20<sup>th</sup> March**

08.30-09.30	<b>BREAKFAST AND FREE TIME</b>
10.00-12.00	<b><i>CHAIRPERSON TRAINING</i></b>
13.00	<b>LUNCH</b>
13.30-16.30	<b>FREE TIME</b>



16.30-18.00

***JOURNALIST TRAINING***

19.00-21.00

**DINNER IN TOWN**

21.00-24.00

**SOCIALISING EVENTS**

## **Saturday, 21<sup>st</sup> March**

BEFORE 9.00

**CHECK-OUT AND DEPARTURE**